Sparks!

A “spark” is a passion — it can be something you do—like soccer, something you believe in—like protecting endangered animals, or it can be part of who you are—personal qualities that set you apart from others. You may know one or more of your sparks. Then again, you might not know any of them, and that’s okay. This lesson series is designed to help you reflect on and leverage your spark. In the box to the right, you’ll focus on identifying activities that might be a spark for you. List activities that energize you. Then, circle the one you are most passionate about, and on the back of this sheet, reflect on the impact this activity has had on your life and your identity.

Issues

Often, teens are not asked to give their opinions about current issues. But as the future leaders of the country, whose voice could be more valuable? What current issues or causes might be a spark for you? Look through USA TODAY and find issues that you are passionate about. Give your opinion of them to the right. Reflect on why you are passionate about them.

Viewpoints

Now that you have thought about a cause that might be a spark for you, visit the forums on www.at15.com/forum. Locate your issue (or a related one) and join the discussion on it. What do other teens think about the topic? Do you agree or disagree with them? Interact with other teens who might share the same spark as you.